OBAMA, MCCAIN SPAR IN FINAL U.S. DEBATE

PAGE 8

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VANCOUVER • THURSDAY, OCTOBER 16, 2008 metronews.ca

Celebrity Pg 18

Madge, Guy calling it quits: Rep

Voter turnout hits historical low

MARIA COOTAUCO
for Metro Vancouver

ELECTION Fewer than 60 per cent of registered voters cast ballots in yesterday's federal election, making it the lowest voter turnout in history, according to preliminary numbers posted by Elections Canada.

"Voters have realized that in most ridings, their vote simply doesn't count, and are giving up on democracy in Canada," said Fair Voting B.C. president Bruce Hallsor. "Barely a quarter of the votes cast last night were needed to determine the outcome."

Of the more than 23 million voters registered to vote, less than 14 million actually exercised the right.

British Columbia fared only slightly better than the rest of the nation, with 61 per cent of voters making it to the polls compared to 59.1 per cent across Canada.

Prince Edward Island posted the highest voter turnout at 69.5 per cent voter participation.

Metro Homes pg12

Pooches strut at home show

Sports pg 11

Phillies head to World Series

Dark anniversary **Families of crime victims speak out**

RAFE ARNOTT/METRO VANCOUVER

Eileen Mohan, pauses to think about her son in Vancouver yesterday. This Sunday marks the one-year anniversary of Chris Mohan's murder — he was one of two innocent men slain with four gangsters in a Surrey highrise. Eileen and other family members of crime victims speak to Metro about their loss, the difficulties of returning to work, paying bills and what they think needs to change. Story, page 6.

13-year-old facing death after pellet gun shooting

JEFF HODSON
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A 13-year-old Surrey boy remained on life support yesterday after a friend shot him in the head with a pellet gun outside a house in North Surrey.

"His prognosis does not look good," said RCMP Cpl. Dale Carr, spokesman for the Integrated Homicide Investigation Team (IHIT). "He's not expected to make it. … We are hopeful that he'll pull through, but doctors and the medical team are suggesting otherwise."

The two 13-year-old boys were playing Tuesday evening outside a house near 106th Avenue and 140th Street. One of the boys fired a pellet gun, shooting his friend in the head.

Global TV reported last night that the injured boy was in cardiac arrest by the time paramedics arrived.

He was rushed to hospital and his mother was called.

IHIT took over the investigation from Surrey RCMP yesterday morning.

"Part of our mandate is to take on investigations where severe bodily harm has taken place and there is a likelihood of someone not surviving."

Carr said it was too early to categorize the incident as an accident and were treating the shooting as a "suspicious circumstance."

Carr said it would be at least a month before the investigation is completed and a report forwarded to Crown counsel.

ShareYourViews
vancouverletters@metronews.ca

RCMP begin review over Insite research allegations

JEFF HODSON
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INVESTIGATION The RCMP has launched an internal review into allegations that members engaged in politically motivated research to damage Vancouver's supervised injection site.

Last week, Pivot Legal Society asked Canada's auditor general to examine if the RCMP went beyond their mandate by funding "academic critiques" to undermine Insite.

In a letter yesterday to Dr. Julio Montaner, clinical director of the B.C. Centre for Excellence in HIV/AIDS, RCMP Deputy Comm. Gary Bass said the "allegations are directly linked to the relationship of trust between the public and the RCMP."

"It would be a matter of significant concern to the force should these allegations be founded."

Bass said he welcomes any enquiries from the auditor general and said the internal review will be disclosed when completed.

He also said that some of the e-mail statements, released by Pivot and attributed to RCMP, in fact, came from retired RCMP and non-members.

He did, however, defend the force's need for research into public policy that could impact public safety.

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Whitecaps have some competition
Major League Soccer formally announced yesterday that it received seven applications for expansion teams – including one from the Vancouver Whitecaps. Over the next two years, the league wants to add two more clubs to its roster. METRO VANCOUVER

Local

Thing-a-ma-boobs for cancer

Helijet will be handing out special "Thing-a-ma-boob" key chains, left, to passengers on Oct. 21 to promote breast cancer awareness. The special key chain is made up of three beads that represent lump sizes that can be detected through different breast screening methods. METRO VANCOUVER

News in brief

GROPING Abbotsford police received two separate reports of women being groped while walking on the same park path Tuesday afternoon. In all, there have been 13 reported incidents in that area since last week.

THEFT REDUCTION Car thefts are down 54 per cent in the Lower Mainland compared to 2003, when the bait-car program was first introduced. METRO NEWS SERVICES

metronews.ca
What's online today.

Watch Danny Williams offer to bury the hatchet with Stephen Harper and more post-election videos at metronews.ca/canada
Check out MetroTube of the day to see Dennis Quaid get obnoxious at a Starbucks
Read about poisoned lawyers, pirates and McCain's Palin pain in Metro Snapshot

Lotteries

Lotto 6/49	7, 9, 15, 21, 38 & 40 Bonus 13
BC 49	25, 36, 41, 43, 46 & 49 Bonus 38
Extra	3, 9, 39, 63

These results are not official.

JEFF HODSON/METRO VANCOUVER

Peter Ladner outside his campaign office in Chinatown yesterday.

Ladner expects tax hike

JEFF HODSON
jeff.hodson@metronews.ca

Property taxes in Vancouver are likely going up to pay for services, like more police, that the city has already committed to, Coun. Peter Ladner said yesterday, a day before the scheduled release of his party's election platform.

"There will be added costs," said Ladner, after cutting the ribbon at the opening of a Non-Partisan Association (NPA) campaign office in Chinatown. "We'll have to look at minimizing those costs and cutting back, if necessary, to keep taxes down."

If elected mayor, Ladner said his first act would be to "bring the budget into line" to minimize huge tax increases.

He would, however, continue to shift the tax burden from business to taxpayers. Under NPA Mayor Sam Sullivan, the tax burden was shifted one per cent each year from business to residents.

"Over the last two years business taxes have actually gone down," Ladner said. "We did that because we heard from small business about the trouble they were having."

language class

- Over the past couple of months, Peter Ladner has been taking Mandarin and Punjabi lessons.

Council has bag ban in sights

ENVIRONMENT While a possible citywide ban on plastic bags is welcome news to some shoppers in Vancouver, a supermarket manager said yesterday it likely wouldn't reduce their use.

City council passed a motion Tuesday to ask the province for permission to ban plastic bags. It could take effect as early as next year.

Nicole Dumin, 33, shopped on Davie Street yesterday afternoon.

"I think it's a great idea," she said. "I already use a canvas bag for grocery shopping."

Coun. Peter Ladner, who initiated the motion, said that "if people are educated they'll learn to use other kinds of bags, and there will not be an increase in supplies." MONICA MARTINEZ/ FOR METRO VANCOUVER

reusing bags

- A store manager in Yaletown who asked not to be named said most people already reuse the bags, and a ban would just lead to more plastic garbage bags being bought.

Pirate treehouse hits auction block

RUN AGROUND A pirate ship tree house ordered torn down by city building inspectors seeks a new captain to man its sails as it goes up on the auction block today to benefit the Boys and Girls Clubs of Greater Vancouver.

Kerrisdale resident Andrew Dewberry built the tree house for his two sons but had to take it down last month following a 2006 complaint to the city by a neighbour.

The structure built on a cedar tree on his front lawn required a building permit because of its hefty size. MARIA COOTAUCO/ FOR METRO VANCOUVER

SUBMITTED

Andrew Dewberry with the pirate ship treehouse in his yard before it was torn down.

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B.C. leads way in use of smart bulbs

B.C. is turning on its energy-efficient light bulbs at record levels, making it the North American leader in compact fluorescent lightbulb use, according to B.C. Hydro. **METRO VANCOUVER**

Home prices dropping

MARIA COOTAUCO
for Metro Vancouver

The average price of a home in Greater Vancouver has dropped eight per cent compared to last year, according to the B.C. Real Estate Association.

The average price now sits at $535,598, down from $582,354 last September.

"Weaker consumer demand and a large number of homes for sale are having an impact on home prices in the province," said the association's chief economist, Cameron Muir.

With the economic crisis on the minds of many, people don't seem to be spending as much, nor are they as willing to make major purchases compared to a year ago. Residential sales in Greater Vancouver dropped a whopping 43.2 per cent this month compared to last year — that's well above the provincial average of 30 per cent.

Was Tuesday's election worth the $290 million spent to organize it?

Kristin Vandeloo
age 33,
Victoria

A: Everybody knew what was going to happen, so we just kind of have to accept it, I guess.

Jenn Wallis
age 30,
Vancouver

A: It was a total waste of money. I voted Green, so it didn't really make a difference.

Roderick Shin
age 24,
Vancouver

A: It was a lot of excess money that could have been used to help other people.

SkyTrain glitch delays commuters

TRANSIT A technical problem caused a two-hour disruption affecting thousands of commuters on both SkyTrain lines yesterday morning as technicians worked to re-establish contact between 17 trains and a central computer system.

According to SkyTrain spokesman Drew Snider, a train was slowed down by motor problems, causing it to "time out," which in turn shut down the train.

As a safety mechanism, since the train's location is lost when the system shuts down, 16 other trains subsequently also timed out. By 11 a.m., the problem was resolved. **MARIA COOTAUCO/ FOR METRO VANCOUVER**

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Families help families to understand the justice system

Families Against Crime And Trauma has released a handy guide to understanding the criminal justice system for victims of crime and their families. It includes the role of the prosecution and defence, and what to expect at trial. METRO VANCOUVER

Victims' families help each other

Services fall short of addressing needs

KRISTEN THOMPSON
kristen.thompson@metronews.ca

It's been a year since Eileen Mohan last heard her son Chris' voice, but when she comes home from work the silence still startles her.

Sometimes, she says, she calls out, "Hi Chris! I'm home!" when she opens the door, as if he could hear her.

A year ago Sunday, Chris Mohan, 22, was killed in a mass murder in their Surrey highrise. He was an innocent victim of a gang hit. No arrests have been made.

While Mohan's employer gave her some time off work and victim services provided some financial help, there are no guarantees.

Families of crime victims say there should be, and so does New Democrat public safety critic Mike Farnworth.

"People fail to recognize the impact in terms of wage loss and job loss these events can have on victims' families," he said. "You can't just get up and go back to work the next day."

In May, he introduced the Victims Of Crime Compensation Act, which would entitle victims' loved ones up to a two-year unpaid leave of absence from work with the right to return to their previous position.

Sandra Martins-Toner, whose son Matthew, 16, was beaten to death outside Surrey Central SkyTrain station, said the financial help offered through victim services didn't cover funeral costs or work leave.

Often, she added, families are denied those benefits altogether.

Her husband had to return to work within weeks of Matthew's death to pay the bills.

On Oct. 25, Gord Penner and Doug De Patie, fathers of murdered sons, will be speaking to RCMP victim services workers in Mission to discuss how victim services helps families, and how it falls short.

To address shortcomings, some family members of victims of crime have organized to help each other.

Martins-Toner founded Families Against Crime And Trauma (FACT), which liaises between victim services, police and the courts, and speaks or goes to court on behalf of the families of victims, to fill some of those gaps.

"We are here to work hand in hand with (victim services) and if we can help them in any way, that's what we want," she said.

Filling gaps

- The proposed Victims Of Crime Compensation Act is modelled after similar legislation in Quebec.
- For information on FACT please visit familiesagainstcrime.org.

RAFE ARNOTT/METRO VANCOUVER

Sandra Martins-Toner stands next to a photo of her 16-year-old son Matthew, who was murdered at the Surrey Central SkyTrain Station in 2005. At left, doves released by friends and family at a memorial service for Chris Mohan and Ed Schellenberg at Surrey's Bear Creek Park in February 2008.

Gang member registry sought

When innocent victims Chris Mohan and Ed Schellenberg were murdered along with four known gang members in a Surrey apartment last year, it was the culmination of an increasing rash of gang shootings in public places.

Mohan's mother, Eileen, has since been lobbying for a government-supported website that would identify convicted gang members to the community, which she likens to the Sex Offender Registry.

"We need to know that we are living beside responsible people. We need to feel secure," Mohan said yesterday. "We were an ordinary family and we were living beside a gangster."

Chris was spotted by gang members walking down his apartment's hallway, and Schellenberg was in the suite fixing a fireplace, when four gang members were executed in the apartment.

The innocent men were killed because they were witnesses.

Mohan said the justice system seems to put the rights of the criminals first, simply out of diplomacy, but this is often at the expense of the rights of innocent, law-abiding citizens like her son.

"They came to interrupt our lifestyle — what I'm trying to do is interrupt their lifestyle," she said. "I didn't go looking for them. They came looking for us."

Mohan said the website will not only identify gangsters to the community, but will make their friends and families accountable so that they could no longer say they didn't know.

Tomorrow in Metro

Part II

- Various laws have been changed in B.C. and several others are being debated as a result of tireless lobbying by the families of victims of crime to turn their loss into society's gain.

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Mother uses 9-year-old kid as designated driver, police say
Provincial police stopped a car driving slowly on a county road south of Perth, Ont., Sunday, and were surprised to discover a nine-year-old girl behind the wheel, police said. CBC NEWS ONLINE 7

Canada

May's blunders costly

Politics

Listening to the jaunty Elizabeth May make her concession speech election night, you might think that she had won her riding and the Green Party had advanced the cause of a greener Canada. She didn't and it didn't.

Instead, Ms. May's vainglorious crusade has actually hurt her party and the environmental movement in Canada. In two of her most critical decisions, she badly miscalculated.

The first was to contest the riding of Central Nova, which is held by the popular Peter MacKay. It wasn't even close. Mr. MacKay won 18,249 votes, or 46.6 per cent. Ms. May won 12,620 of the votes, or 32.2 per cent.

To say that running against MacKay was foolish is not a matter of hindsight. It was always a matter of foresight — as foolish then as it is now.

The reason is that if you are building a party, your leader must be in Parliament. His or her foremost responsibility is to be elected, anywhere, anyhow.

Had the Greens representatives in Parliament, she could have asked one to resign when she became leader. Without that option, Ms. May had to find a way to get there. Running in a by-election in Ontario made sense for her; running in Central Nova suggests a staggering naiveté and awful political judgment.

It is nice, and sentimental, too, that Ms. May is from Nova Scotia. But leaders often run in unfamiliar ridings; Lester Pearson didn't even know where Algoma East was when the Liberals opened a seat for him there in 1948.

Unelected leaders have no credibility. You can stand and squawk in the foyer in the House of Commons, as Ms. May does every day, but really, though, why should anyone listen to you? Especially when your party has 6.8 per cent of the vote.

You might have thought that Ms. May would regret her flight of fancy today. But no, she now digs herself deeper promising that she will run in Central Nova again next time.

Her other mistake was more costly. In making an alliance with Stéphane Dion and the Liberals, she found credibility and a place in the leaders' debate she didn't deserve leading a fringe party (4.8 per cent support in 2006). She may well have drained enough votes from the Liberals, the one party which could have unseated the government.

Unelected leaders have no credibility. You can stand and squawk in the foyer in the House of Commons, as Ms. May does every day, but really, though, why should anyone listen to you?

Today, the leader of the Greens is without a seat and her party without an MP. Her vote is up all of 2.3 points. The Liberals are out and the Conservatives are in, and so is their environmental policy.

And Ms. May says that her leadership runs until 2010.

Andrew Cohen is the author of Extraordinary Canadians: Lester B. Pearson.

Harper set to fight credit crisis

ECONOMY Newly re-elected Canadian Prime Minister Stephen Harper will meet other world leaders and put Parliament back to work quickly to hammer out ways to weather the credit crisis and keep the country's economy competitive, he said yesterday.

In the wake of Tuesday's federal election, which strengthened Harper's minority government, other opposition leaders said they were ready to work together to tackle the fallout from global economic instability. REUTERS

News in brief

BLOC The separatist Bloc Québécois emerged from Tuesday's Canadian general election with a stronger voice, but its success is not a sign that the issue of Quebec independence is gaining support. REUTERS

JOHN MAJOR/GETTY IMAGES

After a disappointing election campaign, Liberal leader Stéphane Dion will reportedly step aside as the party's leader.

Dion may step down

LIBERALS Devasted by the disappointing showing of his party in the election, Stéphane Dion is expected to announce today that he will step aside as Liberal leader.

Unlike the other party leaders, he made no public appearances yesterday, instead huddling with his family and advisers. Party insiders said he would remain as leader until the Liberals choose a successor.

Dion had been expected to announce in his remarks after the polls closed late Tuesday night that he would set a process in motion to allow his party to choose a new leader. TORSTAR NEWS SERVICE

Senior Liberals whisper that Dion's days as leader are numbered and more at metronews.ca/canada

Rabbit infestation forces closure of Mandela museum

South Africa's Robben Island museum will be closed while authorities cull a colony of rabbits that has invaded the site where Nelson Mandela was jailed. The rabbits will be killed to protect plant life and historical buildings in the area. REUTERS

World/Business

Third debate tense

Republican John McCain and Democrat Barack Obama battled fiercely yesterday in their liveliest debate, with McCain attacking Obama's tax plan and campaign tone.

The presidential rivals complained about the negative approach of each other's campaigns during a frequently testy debate in Hempstead, N.Y.

McCain, who was under pressure to reverse a campaign that has shifted in Obama's favour, criticized Obama's plan to raise taxes for those who make more than $250,000 a year.

"Why would you want to raise anybody's taxes right now?" McCain asked. "We need to encourage businesses."

Obama said his plan would cut taxes for 95 per cent of Americans, while McCain would give tax breaks to oil and gas companies. REUTERS

Going digital

- Barack Obama is making U.S. political history by placing campaign ads in 18 Xbox Live online video games. The ads appear as banners or billboards featuring an image of Obama.

News in brief

FINANCIAL Gloomy economic data wiped out two days of optimism and sent markets into freefall yesterday. The Dow Jones industrial average ended down 733 points or 7. 87per cent, and the S&P 500 index lost nine per cent — their worst one-day declines since October 1987.

CAMBODIA Thai and Cambodian troops fired rockets and arms at each other on a disputed stretch of border yesterday, killing two Cambodians. Commanders from both sides are preparing for talks about the dispute scheduled for today.

Business

TSX gains short-lived, falls again

The Toronto Stock Exchange's main index plunged again yesterday as resource stocks, led by energy and materials, were pressured by falling commodity prices on concerns global economic weakness would cut demand.

The S&P/TSX composite index closed down 631.83 points, or 6.35 per cent, at 9,323.83, with all but one of its 10 main groups lower. Consumer staples rose 1.4 per cent. The tumble chipped away at a record 9.82 per cent rise logged on Tuesday. REUTERS

Business in brief

ECONOMY Stephen Harper said he will meet with MPs, ministers and world leaders as part of a six-point economic plan. REUTERS

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Former Chargers lineman found dead

Former San Diego Chargers defensive lineman Chris Mims was found dead in his Los Angeles apartment yesterday. He was 38. According to KTLA in Los Angeles, police say that Mims was found around 9:30 a.m. by officers on a welfare check. There does not appear to be any evidence of foul play and the cause of death is unknown. METRO NEWS SERVICES

Sports

Ballesteros' tumor removed

Three-time British Open champion and two-time Masters champion Seve Ballesteros, 51, was in a stable condition after an operation on Tuesday to remove a brain tumour, the Spanish golfer's doctors said yesterday. Reports said the operation lasted 12 hours, but did not say if the tumour was malignant or benign.

REUTERS

SPORTS@METRONEWS.CA

Demitra line shows promise

ToulBox

Scott Rintoul

scott.rintoul@metronews.ca

It's too early to put the Canucks' second line completely under the microscope, but the situation will be an interesting one to watch over the next few games. Pavol Demitra campaigned publicly to play with Mason Raymond and Taylor Pyatt, but the chemistry has been slow to develop.

The Midas touch that Raymond exhibited in the pre-season has fallen by the wayside, perhaps temporarily, and Pyatt, not nearly as fleet of foot as his linemates, has laboured to keep up at times.

Demitra has admitted that he's not a fan of changing linemates on a frequent basis, and one has to wonder if the line is getting more leeway because of his résumé.

Head coach Alain Vigneault says he's seeing the progress he wants from the line if not the results, but anyone who's watched Vigneault's tendencies over the past two seasons is anticipating some juggling sometime soon.

Although Mike Gillis talked to Vigneault about changing the coaching style in some respects this year, old habits die hard. If the line fails to produce tonight in Detroit and tomorrow in Buffalo and the trio still remains intact, then Vigneault has, in fact, altered his philosophy. Based on recent history, I wouldn't bet on it.

◗ Contrary to popular belief, the most alarming development in the Lions' latest loss was not the complete and utter lack of B.C. offense. In fact, after six straight weeks of quality quarterbacking, Buck Pierce's poor performance is understandable given his relative lack of inexperience as a starter in the CFL.

Pavol Demitra

The more worrisome trend was the Lions' inability to stop the Eskimos' offense in second-and-long situations throughout the course of the game. Yes, the offense will need to be better than it was last Friday, but if the Lions have any designs on hoisting the Grey Cup, the defense will need to be the dominant unit.

Even when Dave Dickenson and Casey Printers were putting up gaudy passing numbers and point totals, it wasn't until the BC defense began snuffing out opposing offenses in 2006 that the Lions captured the CFL's ultimate prize.

◗ As the Vancouver Whitecaps throw their hat in the ring along with six other North American cities vying for a Major League Soccer franchise, Francesco Aquilini's decision to step aside is the right one.

The Canucks' owner was planning to submit an alternate bid to the one Caps' owner Greg Kerfoot is putting forth in conjunction with Steve Nash, but Aquilini has reconsidered.

Kerfoot and company are in tough enough with the likes of Montreal, Portland and Miami (backed by FC Barcelona) submitting proposals without internal competition within Vancouver.

Scott Rintoul is a college athlete, sports fan and broadcaster. He can be heard Monday-Friday on the TEAM 1040 from 6-9 a.m.

NHL PREVIEW

Canucks at Red Wings

VS

SCOTT RINTOUL
scott.rintoul@metronews.ca

THE SKINNY: The Canucks and Red Wings meet in Motown fresh off two completely different experiences in Washington. The Canucks were hammered 5-1 by the Capitals on Monday while the Wings were honoured at the White House Tuesday for winning their fifth Stanley Cup in the last twelve years. The loss was the first of the year for Vancouver after back-to-back wins over Calgary to start the season. Detroit has won two straight games after dropping the season-opener to Toronto one week ago.

LIKE THE FIRST TIME: A Vancouver victory would be the first on American ice this season while a Wings win would be the first on home ice after racking up a league-high 29 wins at home last season.

STAR GAZING: All-stars Nicklas Lidstrom, Henrik Zetterberg, Pavol Datsyuk and Marian Hossa headline a squad composed of more household names than any roster in the NHL.

THE UNUSUAL: Goalie Chris Osgood has had Vancouver's number over the years, compiling a 15-4-4 record and a tidy 2.40 goals against average against the Canucks

THE NEXT GAME: 4 – number of points and penalty minutes for goaltender interference accrued by Detroit's Tomas Holmstrom in four games against Vancouver last season.

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Canada draw 2-2 with Mexico

WORLD CUP QUALIFIERS

SOCCER Canada's men's national soccer team played Mexico to a 2-2 draw in World Cup qualifying yesterday.

Canada was eliminated from moving over the weekend with a loss to Honduras.

Fernando Torres

Spain striker Fernando Torres tore a leg muscle in yesterday's 2-1 victory over Belgium, said coach Vicente Del Bosque.

The Liverpool player limped off after little more than 10 minutes and the coach was unsure how long he would be sidelined.

"I'm really sorry for him," Del Bosque told reporters.

Spain lead the group with the maximum 12 points from four matches.

In other games it was: Germany 1 Wales 0; England 3 Belarus 1; Ireland 1 Cyprus 0; Italy 2 Montenegro 1; Netherlands 1 Norway 0; and Switzerland 2 Greece 1.

REUTERS

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F1's French Grand Prix on hiatus
Formula One cancelled the 2009 French Grand Prix yesterday after the French Motorsport Federation withdrew support of the event for financial reasons. The federation has already received six bids from courses hoping to host a revived race in 2010. METRO NEWS SERVICES

LUCY NICHOLSON/REUTERS

Philadelphia Phillies' Ryan Howard celebrates after the Phillies defeated the Los Angeles Dodgers in Game 5 of Major League Baseball's NLCS playoff series in Los Angeles yesterday.

Phillies NLCS champs

NLCS RECAP

Phillies 5, Dodgers 1

BASEBALL It took 15 years, but the Phillies are back in the World Series and are now poised to break Philadelphia's 25-year major sports championship drought.

Jimmy Rollins led off the game with a homer and Cole Hamels was in complete control on the mound, as the Phillies shut down the Dodgers, 5-1, finishing off Los Angeles in five games in the National League Championship Series.

The Phillies took advantage of three errors from shortstop Rafael Furcal in the fifth inning, including two on one play, to clinch their first NL pennant since 1993, the year they lost to Toronto in the Fall Classic.

Philadelphia made a dramatic comeback to win, 7-5, in Game 4 behind two-run homers in the eighth inning from Victorino and Matt Stairs. Two nights later, Hamels (3-0) frustrated the Los Angeles bats, except for Manny Ramirez's homer in the sixth, a post-season record 28th of his career.

1983
The last time any team in any sport from Philadelphia has won a championship.

The lefty, making his first-ever playoff road start, allowed five hits, with three walks and had five strikeouts over seven innings. Hamels, who also was the Game 1 winner, was named the NLCS MVP.

There hasn't been a title in the four major sports (NFL, MLB, NHL, NBA) in the City of Brotherly Love since 1983, when the 76ers beat the Los Angeles Lakers for the championship.

METRO NEWS SERVICES

SCOREBOARD

MLB

LEAGUE CHAMPIONSHIP SERIES
BEST OF SEVEN
AMERICAN LEAGUE
TONIGHT
Tampa Bay at Boston, 6:07
(Tampa leads series 3-1)
NATIONAL LEAGUE
LAST NIGHT'S GAME
Philadelphia 5 L.A. Dodgers 1
(Philadelphia wins series 4-1)

NHL

LAST NIGHT
Montreal 4 Boston 3 (SO)
Buffalo 3 N.Y. Rangers 1
Chicago 4 Phoenix 1
Nashville 6 Dallas 4
Edmonton 3 Anaheim 2
TONIGHT'S GAMES
New Jersey at Atlanta, 5
Washington at Pittsburgh, 5:30
N.Y. Islanders at Tampa Bay, 5:30
Minnesota at Florida, 5:30
Vancouver at Detroit, 5:30
Dallas at St. Louis, 5:30
Philadelphia at Colorado, 7

CFL

WEST DIVISION

	W	L	T	PTS
x-Calgary	10	5	0	20
x-Edmonton	9	6	0	18
x-**B.C.**	**9**	**6**	**0**	**18**
x-Saskatchewan	9	6	0	18

EAST DIVISION

	W	L	T	PTS
y-Montreal	10	5	0	20
Winnipeg	6	9	0	12
Toronto	4	11	0	8
Hamilton	3	12	0	6

(x - clinched playoff spot)
(y - clinched division title)

FRIDAY, OCT. 17
B.C. at Edmonton, 7
SATURDAY, OCT. 18
Montreal at Toronto, 1
Winnipeg at Calgary, 4:30
SUNDAY, OCT. 19
Hamilton at Saskatchewan, 1

NFL

WEEK 7
SUNDAY'S GAMES
Baltimore at Miami, 10
Dallas at St. Louis, 10
Minnesota at Chicago, 10
San Diego at Buffalo, 10
Tennessee at Kansas City, 10
San Francisco at N.Y. Giants, 10
Pittsburgh at Cincinnati, 10
New Orleans at Carolina, 10
Detroit at Houston, 1:05
N.Y. Jets at Oakland, 1:15
Cleveland at Washington, 1:15
Indianapolis at Green Bay, 1:15
Seattle at Tampa Bay, 5:15
MONDAY'S GAME
Denver at New England, 5:30

Sports in brief

GOLF Jim Furyk sank a six-foot putt for eagle on the first playoff hole to defeat Padraig Harrington and capture the 26th annual PGA Grand Slam of Golf. This event is reserved for the year's four major champions. This is the second-straight year that Harrington has finished as the tournament runner-up.

NFL The Indianapolis Colts will reportedly be without running back Joseph Addai for two to four weeks while he rests a slightly torn hamstring. Colts head coach Tony Dungy refused to give any further details on the injury. Addai has 216 yards on 62 carries so far this season.

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Metro Homes

Party like it's Halloween

According to surveys by Visa and the U.S. National Retail Federation, 75 per cent of Americans plan to celebrate and spend on Halloween, and among those, the average will spend $47 on candy and decorations — an 18 per cent increase from what they were planning to spend on Halloween last year. METRO NEWS SERVICES

ANNE PEARSON/FOR METRO VANCOUVER

Designer Wes Thurn likes this ottoman ($350) with a birch top from Vancouver Special. Its three-in-one design works as a seat, a coffee table and unfolds into a single mattress. The wool felt cover is removable and comes in 15 different colours.

Fun with small spaces

MARIA COOTAUCO
for Metro Vancouver

Living in a small space no longer means being sentenced to life in a Murphy bed.

While the beds still exist and have maintained relative popularity, times have changed and with it, design aesthetic.

For Vancouver-based interior designer Wes Thurn, paring down to the basics is not only the most important thing, but also the most liberating.

"You basically have to purge," he said. "Go through everything and see what you really need."

Every inch of the space is prime real estate. So treat it as such.

"Every piece has to be functional," Thurn advised. "It can't just be about form."

Thurn likes to use ottomans and sofas that can be converted into extra seating or a spare bed.

For quicker fixes, the interior designer suggests window treatments that cover a whole wall.

"You don't want to make it a feature," he said. "You don't want a lot of contrast in the room — your eye doesn't start and stop which makes the space look smaller."

Thurn also tells clients to choose shiny surfaces whenever they can. This could mean countertops, cabinets and appliances.

"A shiny surface is like a mirror," he said. "It bounces light around the room."

And for something that doesn't cost anything but can make the biggest difference, Thurn urges small space dwellers not to underestimate the power of organization.

"Just get super-organized," he said. "There's no room for things you can't use."

Thurn will be at the Vancouver Home and Interior Design Show this weekend.

Make your unit home

UrbanDweller

Carlyn Yandle
carlyn.yandle@metronews.ca

Here's a little something I've noticed since the real estate market started slumping this year: City condo-owners are starting to view their property as a home — their home — as opposed to a commodity to be used to trade up.

Suddenly I'm hearing from homeowners who are looking for help to enjoy actually living in their properties for years to come as opposed to dressing them up to lure the next buyer.

It's more proof of the social upside that comes with a downsliding market. People are jumping off the gimme-gimme roller-coaster and are starting to reassess what they want and what they need. And what we all really need as we're reeling from the urgent news of a global banking crisis is a retreat from it all. We may have wanted more square footage last year; this year we need more peace of mind.

You can tell the difference between a commodity-property and a real home the moment you step inside, whether it's a 500-square-foot Yaletown studio apartment or a sprawling 5,000-square-foot custom-built mansion at the top of West Van.

Real homes don't have a massive $4,000 bathtub that would run the hot water tank cold before it's half full. Real homes have half-burned candles near the human-sized bathtub. Real homes don't have the cheapest new lino or carpeting or basic-beige wall paint, selected simply for selling but the most long-lasting, quality finishes the owners can afford.

PHOTO COURTESY HOME + INTERIOR DESIGN SHOW

Real homes reflect the long-term view of their owners to use the best quality finishes they can afford. One source for inspiration is this feature kitchen at the Home and Interior Design Show.

Commit to your living space and you're free of the usual advice to keep it all neutral and impersonal. Build that family/friends photo wall-of-fame in the front hall. Paint each room a different colour — it's only paint. Turn your dining area into your art studio, or the enclosed balcony into a library, complete with deep-comfort armchair. Create a minimalist Japanese-style living room, with only floor cushions and a low square table in the middle. You are only bound by your imagination. When you hear the cautious side of the brain tell you this is no way to increase selling appeal, turn up the iPod and clear the dance floor.

If you need inspiration, hit the Home and Interior Design Show that starts today at 4 p.m., continuing through Sunday at B.C. Place Stadium. Tickets are $14 per adult, but if you have a printer, you can save $2 by buying your tix online (and get more deets) at vancouverhomeandinteriordesignshow.com.

Pampered Pooches ready to strut their stuff

MARIA COOTAUCO
for Metro Vancouver

Little Tallulah Belle, a three-year-old Yorkshire terrier, weighs only three-and-a-half pounds but is probably the best-dressed dog on her block.

After all, her mom owns Barking Babies, a Yaletown boutique hawking the latest fashions for canines.

Nancy Howatson opened the store about four years ago and has been embraced by Vancouver pet owners looking to swath their "babies" in luxurious knit dresses and hip hoodies with crystal skulls.

This year, Howatson and her contingent of well-heeled pets are looking to give back in the form of the Pampered Pooch Celebrity Fashion Show at the Vancouver Home and Interior Design Show.

"Our goal is to raise $2,000 for the B.C. Society for the Prevention of Cruelty to Animals," she said.

"Our dogs are so lucky. So it's a way for us to help the dogs that aren't so lucky."

MARIA COOTAUCO PHOTO

Tallulah Belle will be on the 'dogwalk' at the Home and Interior Design Show.

Benjamin Moore
Benjamin Moore
Come & See Georgina King on the Benjamin Moore Stage at the Vancouver Home and Interior Design Show, BC Place Stadium
Friday, October 17, 2 pm
Sunday, October 19, 3 pm
VANCOUVER HOME + INTERIOR DESIGN SHOW
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RICHMOND	110-12591 Bridgeport, Richmond, BC	Tel 604.271.2012
STEVESTON	150-6020 Steveston Hwy, Richmond, BC	Tel 604.271.2027
TSAWWASSEN	1318A 56th St, Delta, BC	Tel 604.948.1403

Unique art on offer at show

MONICA MARTINEZ
for Metro Vancouver

Select artists who usually showcase their work at Portobello West will be at the Home and Interior Design Show today through Sunday at B.C. Place.

Held on the final Sunday of every month, Portobello West Fashion and Art market offers for sale unique creations by Canada's newest artists and designers. Here is a glimpse of two featured Vancouver-based artists and their one-of-a-kind pieces.

At the market

- Portobello West Fashion and Art market is usually open between March and December from noon to 6 p.m. at Rocky Mountaineer Station, 1755 Cottrell St. Admission is free.

Napoleonic, by Christina Lazar-Schuler.

Artist: Lauren Fryer
About: Collage and mixed-media artist since 1997, Lauren's work has been featured at shows throughout 2008.
Inspiration: The diverse Pacific Northwest landscape, world travels and mythology.
Price: $100-$400
Website: flyingsunfishdesigns.com

Artist: Christina Lazar-Schuler
About: Mixed-media artist, Christina, uses antique paper and contemporary imagery for her artwork. Her techniques are self-taught from more than 30 years of experimentation, reading and workshops.
Inspiration: Love of materials, particularly paper and colour combined with texture.
Price: $90-$200
Website: paperwerxings-.com

EKTORP sofa
$569
was ~~$599~~

EKTORP sofa $569 was ~~$599~~. Idemo beige. 100% cotton, removable, washable cover. W215×D88×H88cm. RA.

RIBBA frame series. Aluminum foil. **$14.99 was ~~$19.99~~.** W50×H23cm. **$19.99 was ~~$24.99~~.** W50×H70cm. **$29.99 was ~~$39.99~~.** W70×H100cm. Assorted art cards and posters available from $4.99 to $15.

HEMNES mirror series. Black-brown. Solid wood. Can be hung horizontally or vertically. **$49.99 was ~~$69.99~~.** W60×H90cm. **$79 was ~~$99~~.** W75×H165cm.

LACK side table
$14.99
was ~~$19.99~~

LACK side table $14.99 was ~~$19.99~~. Assorted colours. Embossed painted finish. L55×W55×H45cm. RA.

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RENLIG built-in dishwasher $399 was ~~$499~~. Stainless steel. Holds 10 place settings. 5 programs. Energy Star® qualified. Countertop sold separately. W23⅞×D24×H33⅞".

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ENERGISK refrigerator/freezer 18 cu.ft. $849 was ~~$989~~. Stainless steel. Fridge 14 cu.ft. Freezer 4 cu.ft. Door can be mounted with opening to the left or the right. W28×D31×H68".

POÄNG armchair

$99
was ~~$129–$159~~

POÄNG armchair $99 was ~~$129–$159~~. Alme natural cover and birch veneer frame. Alme medium red and beech veneer frame. Alme black and black-brown frame. 100% cotton, removable, washable cover. W68×D83×H100cm. RA.

BJURSTA glass-door cabinet $299 was ~~$369~~. Black-brown. Stained ash veneer. Tempered glass doors. 4 adjustable glass shelves. W80×D40×H190cm. RA.

HEMNES
6-drawer chest
$299
was ~~$349~~

HEMNES 6-drawer chest $299 was ~~$349~~. Black-brown. Solid pine. Smooth running drawers with pull-out stop. W110×D51×H132cm. RA.

SULTAN HASSELBÄCK
queen size luxury sleep set
$799
was ~~$949~~

SULTAN HASSELBÄCK/JÖNÅKER/TUVEBO queen size luxury sleep set $799 was ~~$949~~. Includes: pocket spring mattress, foundation and pillow top.

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Storage
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Food

"Available year round, sweet potatoes' peak season is from October to March."
Barb Holland/for Metro Canada

Pick of the crop
Buy sweet potatoes that are smooth, well shaped, firm, clean and free of blemishes or soft spots.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

A potato by any other name

À la carte

Barb Holland
Metro Food Writer

I yam what I yam, except when I'm a sweet potato. Talk about an identity crisis! When it comes to sweet potatoes and yams, much confusion exists.

Sweet potatoes are often mislabelled yams and the two names are often used interchangeably.

The sweet potato, native to Central and South America, can vary in shape from round and fat to long and skinny, knobby and smooth. The skin can range in colour from golden brown to copper or pale pink to deep purple, while the flesh may be white, yellow, orange, red, pink or even purple. The two most common ones in our markets are copper-skinned with bright orange flesh or the reddish-skinned sweet potatoes with yellow flesh. The flavour will vary depending on variety, but as a general rule, lighter fleshed sweet potatoes are more delicate, nutty rather than sweet, while the darker ones are richer and spicy-sweet.

Few people outside North America make the yam-sweet potato mistake. Yams have long been a staple in the tropical and subtropical lands where they grow in abundance. Of the hundreds of yam varieties, the ones we are most likely to find are white-fleshed tubers with a brown, rough, scaly skin from the Caribbean.

Sweet potatoes are very versatile and can be served in both sweet and savoury ways. Cook 'em up like potatoes — bake, roast, boil, microwave or toss on the grill, and try them in soups, salads, stews, pies or puddings.

Curried Lentils, Sweet Potato and Cauliflower

Jarred curry paste not only simplifies this healthy vegetarian dish but adds authentic flavour. The cardamom seeds also add great flavour; look for green cardamom pods in a bulk store or the spice aisle of your grocery store. Serve with roti or naan bread. Makes 4 servings.

INGREDIENTS:

- 1 large onion, roughly chopped
- 3 tbsp (45 ml) Indian curry paste (mild or Madras)
- 10 cardamom pods
- 2 medium sweet potatoes, about 1 lb (500 g), peeled and cut into ½ inch (1 cm) pieces
- 3/4 cup (175 ml) green or brown lentils, rinsed
- 2 cups (500 ml) vegetable broth
- 5 cups (1.25 L) cauliflower florets
- 1/4 cup (60 ml) fresh coriander leaves
- Salt and pepper
- Plain yogurt, optional

METHOD:

Heat a large, heavy saucepan over medium-low heat. Add onion and curry paste, stirring paste thoroughly into onion. Cook, stirring constantly for 2 to 3 minutes.

To remove seeds from cardamom pods, smash pods with a large knife or meat mallet. Remove the small brown seeds (discard pods) and stir into onion mixture along with sweet potatoes. Cook another 2 to 3 minutes.

Stir in lentils and broth, cover and bring to a boil over high heat. Reduce heat and simmer, covered for 15 minutes. Add cauliflower and return to a boil; reduce heat and simmer 8 to 10 minutes or until lentils and vegetables are tender, stirring occasionally. Remove from heat, stir in coriander and season to taste with salt and pepper. Let stand a few minutes before serving. Serve with a dollop of yogurt, if desired.

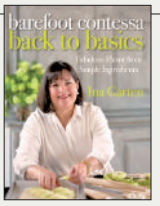
Sweet potato tips:

- Good for you: These healthy tubers are a very good source of vitamins A and C and manganese. They are also a good source of dietary fibre, vitamin B6 and potassium. If you eat the skin, you'll double the fibre, potassium and folacin as many of the nutrients are close to the skin. At about 100 calories per 3 oz (100 g), sweet potatoes contain no more fat or calories than white potatoes.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Top cookbooks

Last week's best selling books, according to amazon.ca:



1. **Barefoot Contessa Back to Basics: Fabulous Flavor from Simple Ingredients** (Ina Garten)
2. **Giada's Kitchen: New Italian Favorites** (Giada De Laurentiis)
3. **The Eat-Clean Diet Cookbook: Great-Tasting Recipes That Keep You Lean** (Tosca Reno)
4. **The Omnivore's Dilemma: A Natural History of Four Meals** (Michael Pollan)
5. **Cook with Jamie: My Guide to Making You a Better Cook** (Jamie Oliver)
6. **Nigella Christmas: Food, Family, Friends, Festivities** (Nigella Lawson)
7. **The Complete Canadian Living Baking Book: The Essentials of Home Baking** (Elizabeth Baird)
8. **Root Cellaring: Natural Cold Storage of Fruits and Vegetables** (Mike Bubel)
9. **Eat, Shrink & Be Merry! Great-Tasting Food That Won't Go from Your Lips to Your Hips!** (Janet Podleski)
10. **Fat: An Appreciation of a Misunderstood Ingredient, with Recipes** (Jennifer Mclagan)

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Liz Claiborne, designer Narciso Rodriguez part ways
Apparel and accessories maker Liz Claiborne Inc. and designer Narciso Rodriguez said they have ended their business relationship, 17 months after announcing the partnership. REUTERS

Style

Designer without the price tag

The right designer handbag can add the utmost style to almost any look. But for those who can't afford the price tag attached to the latest Burberry, there's Got 2 Have It! Handbags, a Canadian online handbag-rental service (*got2haveithandbags.com*). The service is available across Canada and offers a large selection, including top designers like Coach, Chanel, Dolce & Gabbanna, Gucci, Prada, Louis Vuitton and more.
METRO NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Style File

Kim Elbo
kim.elbo@metronews.ca

ask kim

Last week I read your tip on boots for women with skinny calves. What about women with the opposite problem, big calves? - Susan

As I mentioned before, *zappos.com* has all sorts of shoes sectioned off into links for women with specific needs, they have a wide-calf section that features brands like Naturalizer and type Z. *Duoboots.com* is another great site; they have 21 different calf sizes to fit every type of leg.

E-mail your style questions to *kim.elbo@metronews. ca.*

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.

Show off legs with booties

Platform Zip
Designer: Aldo
Shop: Aldo
Address: Various Locations
aldoshoes.com

Step Into Comfort
Designer: Hush Puppies
Shop: Hangers
Address: 2012 Park Royal South
hushpuppies.com

Sleek
Designer: Geox
Shop: Geox
Address: Various Locations
geox.com

booties

Bring on the booties! Wearing the right ankle boot can make or break an outfit. Only wear booties with dresses, skirts, tights and skinny jeans. Skip ankle boots that are cut straight across on the top; instead, opt for ones that are cut on an angle so that your legs will look longer and leaner. Top trends in booties this season are patent leather and suede materials, paired with zippers and buckles, in blacks, purples, greys and reds.

accessory

A cute cropped vest to layer with this fall, $121. Designed by Lily & Jae, available at Fine Finds, *finefindsboutique.com*

tip

Wrinkles and creases in leather should hang out. If ironing is necessary, place a heavy brown paper over the leather and use a cool to medium iron. Take care not to overheat the leather, which will cause it to shine.
- *leather-gloves.biz*

Warm Cable knit
Designer: Banana Republic
Shop: Banana Republic
Address: Various Locations
bananarepublic.com

Bright Driving Gloves
Designer: Club Monaco
Shop: Club Monaco
Address: Various Locations
clubmonaco.com

Elegant bows
Designer: Nougat London
Shop: Fine Finds
finefindsboutique.com

psst...

Get your lash on at Kiss & Makeup's Halloween eyelash clinic. Choose from feathers, rhinestones, tinsel and more. Oct. 30 to Nov. 1. Phone 604.922.6292 to reserve a spot - *kissandmakeupstore.com*

gloves

Protect your hands from the cold weather with some new winter gloves. Last year, gloves were worn elbow-length long (keep them aside for those cold winter days), but this year, gloves are getting a lot shorter. Stay stylish and look out for gloves that are adorned with belts, bows and different coloured stitching. The shortest of the gloves are the driving gloves by Club Monaco — by far my favourite. Wear them with a long-sleeve jacket so that your arms don't get too cold. The Nougat London gloves are made of great quality and are hand-sewn; wear these with a bracelet-sleeve jacket so you can show off the bows.

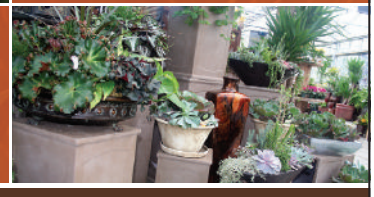
fall harvest the season of warm colours
A garden centre featuring decorator planters with pleasing mixtures of lush blooms, houseplants and colourful seasonal assortments.

Seasonal specialties

Beautify your landscape with colour

Passion for planting

Enjoy lush surroundings on your patio



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Elton penning musical comedy about AIDS

Elton John is writing a "film musical" about a man who has AIDS. The singer is penning the show with actor Ben Stiller in mind for the lead role, and despite its seemingly bleak subject matter John insists it will be a comedy. FEMALEFIRST.CO.UK

Entertainment

Weird jobs

Samuel L. Jackson kickstarted his career in Hollywood with his "weirdest job" to date — he first worked as a stand-in for Bill Cosby on his hit 1980s TV series. IMDB.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Return to a familiar role

Wahlberg plays renegade cop in Max Payne

As Mark Wahlberg discovered filming his latest thriller in the middle of a cold Canadian winter, when people call Toronto "Hollywood North," they aren't talking about the weather.

"It wasn't that fun to make," admitted Wahlberg during an interview to promote Toronto-shot Max Payne in sunny Los Angeles. "It was pretty brutal but these are the kinds of movies that I want to go and see and I think people enjoy seeing me in them."

That's just the kind of dedication that earned the 37-year-old actor an Oscar-nomination for his rock-solid performance in The Departed and top-billing in Max Payne — in theatres tomorrow — a stylistic thriller about a vengeful maverick cop.

After playing a science teacher in this summer's The Happening, Wahlberg is the first to admit he's glad to be back playing the anti-hero; a character that fits him well.

"I got a lot of real life experience," explains Wahlberg about relating to such characters through his Boston upbringing.

"I try to always find something that I can identify with or connect with, with every character that I play. I think that's the only time I can really be 100 per cent believable in (these types of) characters."

In Max Payne, Wahlberg plays the renegade cop who discovers a dark underworld that uncovers shocking secrets about the death of his wife and child. While many fans will recognize the thriller is based on an extremely successful video game, it certainly didn't register with Wahlberg.

"I read it before I knew it was a video game," says Wahlberg. "The last game I was addicted to — Sega Hockey — that was like, the favorite part of it was when (Bob) Probert and Tie Domi would throw down the gloves and start punching each other.

"My whole thing is, if I like the character and I think I can be great in it and people enjoy it and I like the screenplay and we can put a great team together then I want to make the movie and it really doesn't go further than that."

Mark Wahlberg stars in Max Payne, which opens tomorrow.

Lucinda Williams

Album: Little Honey
Label: Lost Highway/Universal
Rating: ●●●½

ROOTS QUEEN LUCINDA Williams straps on her rock 'n' roll boots for a peek backstage at the uglier side of stardom. With the wheel-in-the-rut expertise of band Buick Six backing her, Lucinda finds love standing behind an electric guitar in Real Love, visits Pete Doherty in rehab clinic Little Rock Star, drives sexual innuendo to new heights in Honey Bee and ties it all together with her covering finale of AC/DC's It's A Long Way To The Top. It would have been nice to see Lucinda carry the theme throughout the entire 13 songs.

Graham Rockingham/for Metro Canada

Keane

Album: Perfect Symmetry
Label: Interscope/Universal
Rating: ●●●

DARK THEMES AND slightly off-kilter wit keep this trio from turning into a Britpop version of Maroon 5. Even fans will see through the '80s synth dance beats and get into analyzing the ironic narcissism of opener Spiralling. There's a handful of cuts carefully prepared for radio play, but much of the rest drops off into synthetic banality. If we must have an '80s revival, why not draw from the good stuff?

Graham Rockingham/for Metro Canada

Read the rest of this week's CD reviews at metronews.ca/music

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 10/16/08	251	308	3 CBC	Coronation St.	Jeopardy! (N)	The Nature of Things (CC)		Doc Zone "Omar Khadr"		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News	The Insider	Name Is Earl	Kath & Kim	Dr. Jekyll & Mr. Hyde (2008, Suspense) Dougray Scott. (CC)		News (N)		
	254	-	8 M	Two/Half Men	Two/Half Men	Mandarin News		Cantonese News (N)		Punjabi News (In Punjabi N)		Metropia
	250	321	9 CTV	etalk (CC)	Dance	CSI: Crime Scene Invstgtn.		Grey's Anatomy (N) (CC)		ER "The Book of Abby" (N)		News (N)
	-	-	10 OMNI	Scrubs (CC)	According-Jim	Smallville "Committed" (N)		Supernatural "Monster Movie"		The Daily	Diya (CC)	New Day
	252	336	11 GTV	Entertainment	ET Canada	Survivor: Gabon (N) (CC)		The Office (N)	SNL Update	(:01) Life on Mars (N) (CC)		News (N)
	256	389	12 VI	Robson Arms	TMZ (N) (CC)	Hole in the Wall (N) (CC)		America's Next Top Model		Eleventh Hour "Cardiac" (N)		News (CC)
	253	359	13 CITY	Law & Order: SVU		Ugly Betty (N) (CC)		Glam God With Vivica A. Fox		Friends (CC)	Friends (CC)	Realty TV
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Smallville "Committed" (N)		Supernatural "Monster Movie"		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Survivor: Gabon (N) (CC)		CSI: Crime Scene Invstgtn.		(:01) Eleventh Hour "Cardiac"		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Name Is Earl	Kath & Kim	The Office (N)	SNL Update	ER "The Book of Abby" (N)		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	Divine Design	House	Confidential	House	Divine Design	Real Est	Love It-List It
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Ugly Betty (N) (CC)		Grey's Anatomy (N) (CC)		(:01) Life on Mars (N) (CC)		News (N)
	-	-	26 KVOS	M*A*S*H	Seinfeld	No Sex Please, We're British ★★ (1973) Ronnie Corbett.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	Ready Digital	Baseball "A National Heirloom" (Part 4 of 9) (CC) (DVS)				The 1955 World Series: 7		Spain
	290	382	23 FOX	Two/Half Men	Two/Half Men	Hole in the Wall (N) (CC)		Kitchen Nightmares (CC)		News (N) (CC)		Family Guy
	-	364	48 PBS	Spain ... On the Road Again		Red Green	Summer Wine	Tavis Smiley	Charlie Rose (N) (CC)		This Old Hse.	Hometime
	296	654	54 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	The Insider	Entertainment	Paid Program
	298	653	55 TLA	Two/Half Men	Two/Half Men	Smallville "Committed" (N)		Supernatural "Monster Movie"		KTLA Prime News (CC)		Friends (CC)
	295	651	58 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Will & Grace	My Wife-Kids
	297	652	57 WPX	CW11 News at Ten		Two/Half Men	Friends (CC)	Sex and-City	Will & Grace	According-Jim	Frasier (CC)	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		(:37) Life on Mars (CC)		Late Late Show	
news	502	390	29 NW	Geologic Journey (CC)		CBC News: The National (N)		CBC News: The National		Geologic Journey (CC)		National
	500	500	63 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	MLB Baseball: ALCS Game 5 -- Rays at Red Sox				Sportsnet Connected		Sportsnet Connected		Sportsnet
	400	400	30 TSN	SportsCentre (Live) (CC)			Off the Record	NASCAR Racing		Poker Night (Taped)		SportsCentre
	411	457	49 OLN	Pilot Guides	Odyssey	Pilot Guides "Kenya" (CC)		Don't Forget Your Passport		Commando: On the Front Line		Survivorman
	410	403	54 SCR	Football	Score Tonight	Score Tonight		Final Score	Final Score	Sports Rage		Final Score
	417	406	55 SC	(4:00) Barrett-Jackson Automobile Auction From Las Vegas.				Pinks -- All Out		Pinks -- All Out		F1 Racing
	416	409	144 GLF	2010 Report (N)		2010 Report		2010 Report		Gol TV News		Gol TV News
family	552	543	25 YTV	H2O, Just Add	Prank Patrol	Malcolm-Mid.	Sabrina-Witch	Futurama	Prank Patrol	Mystery Hnt.	Adrenaline	Mystery Hnt.
	555	545	50 TEL	George	Scooby-Doo	Scooby-Doo	6teen	Total Drama	Futurama	The Critic	Chicken	Code
	557	541	51 FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	56 TRE	Comfy Couch	Rolie Polie	Berenstain	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	3 KNO	Leading Edge	Big Ideas	Himalaya With Michael Palin		Art of the Heist (N) (CC)		Views on Mies van der Rohe		Autism/World
	575	583	20 CMT	Hope & Faith	Hope & Faith	Gone Country		Home Imp.	Home Imp.	Reba (CC)	Reba (RC)	Hope & Faith
	570	580	24 MM	Greek "Separation Anxiety"		Muchmusic Countdown (CC)			Pimp My Ride	Legally Blonde (CC)		Spotlight
	600	564	29 H&G	Home to Flip	Real Renos	Holmes on Homes (CC)		The Fix (CC)	Disaster DIY	Home to Flip	Real Renos	Holmes
	615	520	31 A&E	Jacked: Theft	Jacked: Theft	Crime 360 (CC)		The First 48 (CC)		The First 48 Cabdriver. (CC)		Jacked: Theft
	628	584	32 SPKE	(6:00) TNA iMPACT! (N) (CC)		MANswers	MANswers	UFC 89 Countdown		Married... With	Married... With	Backwoods
	521	560	34 TLC	LA Ink "Comic Relief" (N)		American Chopper (CC)		LA Ink "Comic Relief" (CC)		Overhaulin' (CC)		LA Ink (CC)
	616	522	39 SHO	Painkiller Jane (CC)		ReGenesis "China" (CC)		Trailer Park	Trailer Park	Saving Grace (CC)		House (CC)
	620	523	40 BVO	(6:00) Wilby Wonderful ★★		Law & Order "Excalibur"		Without a Trace "4G" (CC)		The Music of Chance ★★ (1993) (CC)		
	601	562	41 SLC	The Biggest Loser (CC)		Rich Bride, Poor Bride (CC)		X-Weighted "Gary & Rayna"		The Biggest Loser (CC)		Trading Sp
	520	505	42 DIS	MythBusters (CC)		Daily Planet (CC)		Monster Moves (CC)		Colossal Squid (CC)		I Was Bitten
	522	506	44 HIS	NCIS "One Shot, One Kill"		Lost Worlds Herod's Temple.		The Road to Passchendaele		NCIS "One Shot, One Kill"		Crime Stories
	627	528	45 SPC	Chuck (N) (CC)		Stargate SG-1 (CC) (DVS)		Lost "Exodus" (CC)		Star Trek: Deep Space Nine		Star Trek
	294	650	47 TBS	MLB Baseball: ALCS			MLB Post	Sex and-City	Sex and-City	Spider-Man ★★★ (2002) Tobey Maguire.		
	619	525	48 TROP	Beverly Hills, 90210 (CC)		Make	What	Family Guy	Seinfeld	Seinfeld	Frasier (CC)	Family Guy
	603	561	62 FN	Jamie's Kitchen Australia		Restaurant Makeover (CC)		Challenge Pie competition.		Unwrapped	Secret Life of	Jamie
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	VIP	Choc. News	Daily Show
	320	621	60 CEN	(6:30) Mount Pleasant (2006)		I'm Not There ★★★ (2007) Christian Bale. Premiere. (CC)				(:15) Halloween ★ (2007) Malcolm McDowell.		
	581	566	101 MTV	MTV Presents: Summer		MTV Live	After	Man and Wife	The Hills	MTV Presents: Summer		MTV Live
	261	394	102 V	Pope John Paul II Part 2 (N)		Emily of New Moon (CC)		Pope John Paul II Part 1		Pope John Paul II Part 2		Paid Program
	-	-	106 MUL	Matchmaker	Mom's-Upset	Vancouver	Kirdaar	Dheeyan Ghar	Sadabahar	Desi-Mama	Desi Rhythms	Patrol World

critics' corner

I'm Not There

Music icon Bob Dylan is depicted by no fewer than six performers in Todd Haynes' highly original portrait that marked one of Heath Ledger's final projects. Most of the attention, though, went to Cate Blanchett, the winner of several awards for her gender-crossing re-enactment of Dylan in the 1960s, mirrored through a character similar to the tunesmith. Christian Bale, Richard Gere, Ben Wishaw and Marcus Carl Franklin play other Dylan variations. 8 PM on CEN

ER

In the new episode "The Book of Abby," Neela (Parminder Nagra) is upset when she finds out Abby's (Maura Tierney) good news secondhand. Then the new chief, Catherine Banfield (Angela Bassett), and Abby disagree on how to treat a gunshot victim. Meanwhile, Abby defends Sam (Linda Cardellini) when she goes before a nurses disciplinary board. John Stamos and Scott Grimes also star. 10 PM on CTV NBC

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Rick McGinnis

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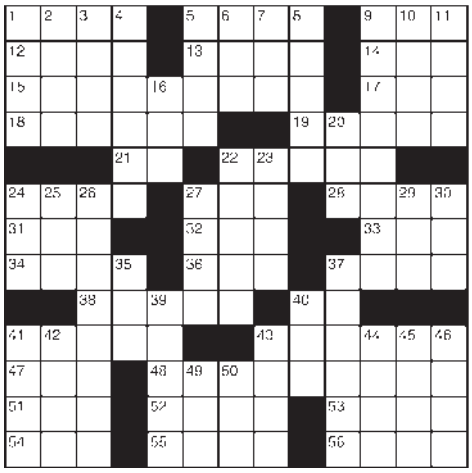

Crossword across

1 Audacious
5 See 6-Down
9 Waste no time
12 Hebrew month
13 Brewery creations
14 Peculiar
15 Breakfast spuds
17 "Family Guy" daughter
18 Tire patterns
19 Adversary
21 Mother
22 Ask (for), as a loan
24 Wan
27 Occupation
28 Shakespeare sobriquet
31 Writer Buscaglia
32 Parisian pal
33 Stickum
34 Dalai —
36 "Of course"
37 Mile fractions
38 Go in
40 Greeting
41 Fibula neighbor
43 Aromatic resin
47 Perp. to vert.
48 Base runner's goal
51 Lamb's dam
52 Exam format
53 Unyielding
54 Gullet
55 Right on the map?
56 Knight's backup

Crossword down

1 Thai money
2 Bloodhound's clue
3 Weak, as an excuse
4 So-o-o-o handsome
5 Monkey —
6 With 5-Across, "open sesame" man
7 Spelldown
8 No liability
9 Website intro
10 The same (Lat.)
11 Provocative
16 Food safety org.
20 Gist
22 Marge's hubby
23 Sacred Egyptian bird
24 Every crumb
25 Vast expanse
26 Domestic beer?
27 Davidson of "The Crying Game"
29 Fish eggs
30 Speck
35 Blackbird
37 Embellishment
39 U.S. resort lake
40 Chance
41 Yon folks
42 "The Music Man" locale
43 Sash
44 Rani's wrapper
45 Covering
46 Clothing store department
49 — pro nobis
50 More, to Manuel

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	3			1				2
		6	5		7			4
			4	6	3			
	2					6		
5	4						9	7
		9					3	
			2	3	1			
4			9		8	7		
8				7			1	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

8	5	1	4	7	2	9	3	6
3	7	4	6	9	5	8	2	1
9	6	2	3	1	8	5	4	7
6	1	9	7	5	4	2	8	3
7	3	8	1	2	9	6	5	4
4	2	5	8	3	6	7	1	9
2	4	7	9	8	3	1	6	5
1	8	6	5	4	7	3	9	2
5	9	3	2	6	1	4	7	8

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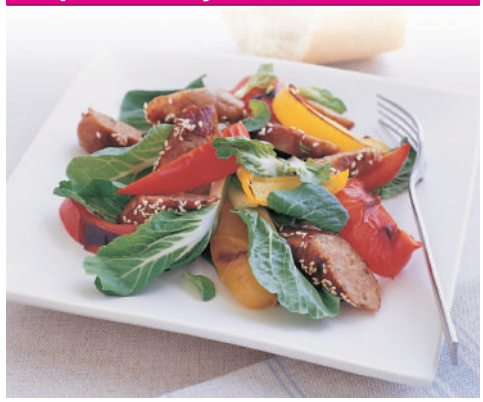
SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Recipe of the day



Sesame sausages with peppers and bok choi

INGREDIENTS:

2 large red peppers, halved lengthwise and deseeded
2 large yellow peppers, halved lengthwise and deseeded
6 thick pork sausages, about 400g
2 tbsp tomato ketchup
2 tbsp hoisin sauce
3 heads bok choi, separated into leaves
3 tbsp sesame seeds

METHOD:

1. Put the peppers and sausages on the rack of a preheated (medium heat) sauté pan or frying pan and sauté for 15–20 minutes, turning from time to time until sausages are evenly browned and cooked through and peppers are tender and lightly charred.
2. Meanwhile, mix tomato ketchup and hoisin sauce in a shallow bowl. Tear bok choi into bite-sized pieces and put into a serving dish.
3. Transfer the sausages to the ketchup mixture and roll to coat evenly. Cover grill pan rack with foil. Place sausages back on foil and grill for a further 1 minute or until glaze is bubbling. Turn sausages and sprinkle with the sesame seeds, then cook for another 1 minute until the seeds are golden.
4. Cut the peppers into wide strips and thickly slice sausages on the diagonal. Add pepper strips and sausage slices to the bok choi, toss together and serve warm.

PER SERVING

375 calories, 18g protein, 25 g total fat, 8 g saturated fat, 22 g carbohydrate, 16 g sugars, 4 g fibre, 1061 mg sodium

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Reader's Digest
ON CALL FOR YOU

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
A shy person talks about love and flirtation. Persist until you get what you came for. Your daring ways will inspire opportunity to knock.

TAURUS
APRIL 21-MAY 21
Keep your nose to the grindstone. Powerful people will affect you in public. An outwardly helpless person begs for attention.

GEMINI
MAY 22-JUNE 21
A woman will tell you about a strange problem. A foolish idea will be lucrative. There's a farce going on around you.

CANCER
JUNE 22-JULY 22
A fitting lesson will be taught. Somebody's chronic indecision forces you to wait. A critical comment has a blunt impact.

LEO
JULY 23-AUG 23
Don't give in to slothfulness. A friend thinks that you're too sympathetic. An emotional problem can provoke a quarrel.

VIRGO
AUG 24-SEPT 22
A fast friend will show how to make dreams come true. Know yourself before judging others. Officials will make a bad decision.

LIBRA
SEPT 23-OCT 23
A disagreement is turned into a platform for dialogue. An arrogant person grants some wishes. A forgetful scoundrel seems to be foolhardy.

SCORPIO
OCT 24-NOV 22
A secret enemy refuses to go away. A man becomes friendly after dark. Common sense comes in handy during a confrontation.

SAGITTARIUS
NOV 23-DEC 21
A bad character is noticed by those who matter. Rearranging things will give you grief. A light-hearted woman will get your attention.

CAPRICORN
DEC 22-JAN 20
An invitation will cast a pall over the day. A gloomy stranger makes weird noises. Don't take chances when giving advice.

AQUARIUS
JAN 21-FEB 18
Your confidence will get boosted. An independent friend is a good example. An idiotic staff member will make things difficult.

PISCES
FEB 19-MARCH 20
A middle-aged man has a change of heart. Doing the right thing brings a new connection into your life. Being clear-headed causes a delay.

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Canadian Cancer Society / Société canadienne du cancer

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Jackson illness revealed

The cause of Janet Jackson's mystery illness has been revealed. The 42-year-old was suffering from vestibular migraines, her rep said in a statement. PEOPLE.COM

Celebrity Buzz

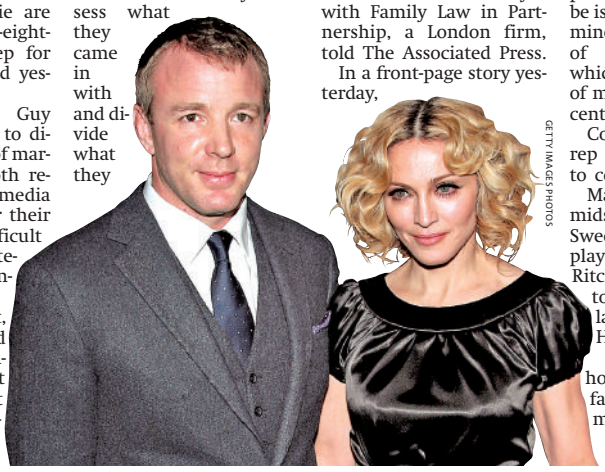
Bye bye, Madge & Guy

RELATIONSHIPS Pop star Madonna and her director husband Guy Ritchie are ending their almost-eight-year marriage, a rep for the singer confirmed yesterday.

"Madonna and Guy Ritchie have agreed to divorce after 7½ years of marriage. They have both requested that the media maintain respect for their family at this difficult time," read the statement by Liz Rosenberg.

The statement, which was co-signed by Ritchie's representative, also said that the couple had not agreed to a settlement.

"The judgment of the court would be to try to assess what they came in with and divide what they built up fairly equally," said David Allison, a lawyer with Family Law in Partnership, a London firm, told The Associated Press.



GETTY IMAGES PHOTOS

In a front-page story yesterday, Britain's The Sun newspaper claimed the couple will be issuing a statement "imminently" on the demise of their relationship, which has been the subject of much speculation in recent months.

Contacted by People, a rep for Madonna declined to comment on the story.

Madonna, 50, is in the midst of her Sticky and Sweet tour and is set to play Boston tonight. Ritchie, 40, was believed to be on the set of his latest film, Sherlock Holmes.

Reached at their home in London, his family declined to comment.

METRO NEWS SERVICES

Hudgens got to meet Cruise!

CELEBRITY Through her friendship with former Spice Girl Victoria Beckham, Vanessa Hudgens got to meet actor Tom Cruise, who gave the High School Musical star some good advice, intouchweekly.com reports.

"Tom was so sweet — and such a nice guy," Vanessa told Access Hollywood.

"Just telling me there isn't much that you can do (about always being in the limelight). It's just part of your life now, so you have to accept it.

"He is an amazing guy and I look up to him."

Hudgens also got to meet Cruise's wife, actress Katie Holmes.

"I got to talk to them, they are all really great people," Hudgens said in an interview.

METRO NEWS SERVICES

celebrity brief

No work for Nicole

SURGERY Actress Nicole Kidman has panned rumours that she's had cosmetic procedures, MSN Entertainment reports.

"I am completely natural," Kidman told to Marie Claire U.K. "I have nothing in my face or anything. I wear sunscreen, I don't smoke and I take care of myself."

METRO NEWS SERVICES

Christina all for adding to the Aguilera family

FAMILY Her first child, son Max, is just nine months old, but Christina Aguilera is already thinking about baby No. 2, People.com reports.

"Absolutely, we'll definitely have more kids," she says. How many? "I don't know. We'll play it by ear."

For now, the singer, 27, is enjoying her time with Max.

"I'm in love with my life," she says, although parting with her son to perform can be a drag. "But Mama has to work, Mama has to do a job."

She adds, "I think it's important to share what I love — what makes me me — with my son. So. I change diapers and I breastfeed him and I play with him and then I work. I want to show Max everything about me."

Aguilera, who married music exec Jordan Bratman in 2005, says Max inspired her upcoming album.

"It's all about colour and life. Everything's a playground for him. Everything is color and fun."

METRO NEWS SERVICES

Reese still digs Jake

RELATIONSHIPS It's good to be with actor Jake Gyllenhaal, says actress Reese Witherspoon, People.com reports.

"He's very supportive," the Oscar winner, 32, tells Vogue in its November issue. "Suffice it to say, I'm very happy in life, and I'm very lucky to have a lot of really supportive people around me who care very much for me, and, you know, that's all you can hope for in life. I am very blessed in that way."

Gyllenhaal, 27, isn't the only man she's been spending time with. While on the set of her upcoming comedy Four Christmases, Witherspoon couldn't resist co-star Vince Vaughn's sense of humour.

"Vince is the funniest person I've ever worked with in my entire life," says Witherspoon, who posed for Vogue's cover.

"There were days when we were shooting things, I would laugh so hard it would ruin the take, and I was afraid I was going to pee on myself, it was so funny."

Witherspoon's divorce from Ryan Phillippe was finalized in June.

METRO NEWS SERVICES

McGraw disowns hits package
Singer Tim McGraw has apologized to fans for his latest greatest hits album, saying his label should have instead released a record with new music. PEOPLE.COM

Celebrity Buzz

HELLO! Hot shot of the week

PETER BREGG/HELLO! CANADA

eTalk correspondent Sophie Grégoire-Trudeau, wife of newly minted Liberal MP Justin Trudeau, has joined Dove's Pay Beauty Forward campaign aimed at improving self-esteem among girls and women. "We live in a culture of comparison," the 33-year-old mom, who's expecting baby No. 2 this winter, told HELLO! Canada in an exclusive interview.

HELLO! CANADA magazine, now available on newsstands – read more at hellomagazine.ca

Bachelorette couple to add another child

FAMILY NEWS The Bachelorette's Ryan and Trista Sutter have announced that they are expecting their second child, People.com reports.

Trista, who is just over three months along, tells Life & Style that she and Ryan were shocked to learn — just a few weeks after son Maxwell (Max) Alston's birthday in late July — that they will be welcoming a new member of the family come spring.

"It was positive shock, one of the best kinds you can have in your life," Trista said.

Despite previous claims that she would like a little girl, Trista now says she just wants "a really happy and healthy baby."

She adds that: "I know that sounds cliché, but it's the God's honest truth."

Even though part of her still wants a daughter, she would love to have another son because "Ryan has a brother, and they're about the same age difference as Max will be with his new sibling.

"So it would be fun to have two boys, too."

Trista, 35, and Ryan, 34, were married on Dec. 6, 2003, in a televised ceremony awash in the colour pink.

METRO NEWS SERVICES

Craig as Bond a 'long-term' deal

MOVIES Daniel Craig will play James Bond until his "knees go," femalefirst.co.uk reports.

The actor, who reprises his role as the superspy in new movie Quantum of Solace, insists he has no intention of giving up the part in the near future.

"Bond is becoming a long-term job," he says. "We will see how this one turns out.

"If everything goes well, if people still want to see these movies, I will keep doing them for as long as it takes — or until my knees go, whichever happens quicker," Craig adds.

METRO NEWS SERVICES

Halle's man smells success

PERFUME Halle Berry's model boyfriend Gabriel Aubry has given the actress's signature perfume the seal of approval, imdb.com reports. Berry has been testing scent combinations for the last two years for her first fragrance, and she's finally found one she's happy with. Berry settled on the smell of Halle by Halle Berry after Aubry praised the scent.

"I want women to feel that … that special person thinks they smell beautiful, thinks … they can ingest it all day, every day. That's what Gabriel said."

METRO NEWS SERVICES

celebrity brief

Hewitt: focus on dance, not weight

TV Actress Jennifer Love Hewitt has leaped to the defence of dancer Cheryl Burke after the U.S. media poked fun at her weight gain, imdb.com reports.

The Dancing With the Stars regular added five pounds to her frame over the summer prompting gossips to speculate she may be pregnant.

But when she confessed she was a little heavier, the same journalists who poked fun at Hewitt when she was snapped in a swimsuit, turned on Burke.

"I think her dancing is what everyone needs to be concentrating on," Hewitt says.

METRO NEWS SERVICES

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